



Health care committed to your well-being





What is the Elna Medical Complex?

We are Quebec's largest professional medical complex with a steadfast vision to transform the healthcare landscape by combining a complete range of high-quality and multi-specialty medical services into a Centre of Excellence.

As a provider of outpatient healthcare, we deliver complete healthcare services with a superior patient approach in a one-stop location.

State of the art information systems and advanced medical software applications deliver effective patient workflow and clinical support.

We are **"Committed to the care and improvement of human life."**

Location

The medical complex is situated in the Decarie Square Shopping Center on Decarie Boulevard in the heart of Montreal.

Mission, Vision & Values

Our mission is to provide a consistent level of timely, compassionate and comprehensive multi-specialty medical services while remaining accessible in a familiar and friendly environment.

Our vision is to become the medical center of choice for patients who wish to be the focus of decision making.

Through high quality clinical programs, attention to efficient

patient workflow and an outstanding medical staff we will distinguish ourselves and benefit our patient community.

Values

Quality

Quality in healthcare is founded in attracting and retaining distinguished physicians. Also a commitment to measuring and constantly improving the quality of care is fundamental.

Excellence

We empower our team to continually improve the outcomes of our services, increase innovation, think openly and to strive for excellence.

Respect

We will serve our patients with courtesy, respect and dignity.

Compassion

We embrace the "whole individual" and respond to emotional, ethical, spiritual concerns as well as physical needs in our commitment to unselfishly care for others.

Ethics and Integrity

We are committed to maintaining a high standard of ethics and integrity. We are responsible to our clientele and our employees.

Leadership

We strive to be the best at what we do.



Compelling reasons to chose EMC:

- Commitment to quality, service and superior patient approach.
- Dedicated and renowned specialists.
- Complete and integrated premium services.
- A prime location with resources and amenities to support our physicians and their staff.
- State of the art information systems to support advanced medical software applications.
- Our focus on excellence and learning.



A Center of Excellence

The Elna Medical Complex achieves its status as a Center of Excellence through a convergence of the following five important activities.

Leadership

through which we demonstrate

- > a commitment to our values,
- > a preservation and enhancement of our reputation,
- > an adherence to governance.

Guidance

through which we

- > provide direction,
- > set and make extensive use of standards,
- > achieve accreditations and certifications.

Metrics

which we use to

- > ensure that we deliver valued results
- > enable us to focus on continuous improvement.

Services

delivered to support physicians, staff and patients alike such as:

- > ancillary services,
- > support services,
- > subject matter experts and others.

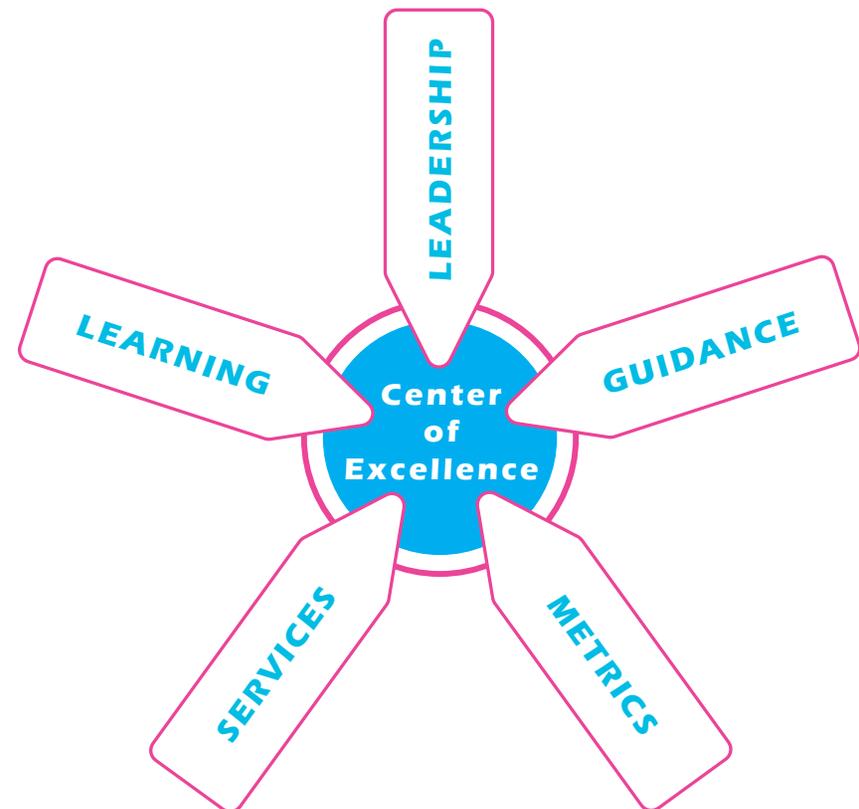
Learning

which we encourage in

- > providing a shared learning environment,
- > the achievement of accreditations and certifications,
- > our continuous efforts to be the best in what we do.

Beyond our drive for excellence, the Elna Medical Complex achieves a high level of distinction by focusing on;

- > a passion for quality,
- > a customer centric approach,
- > being strategically located and accessible,
- > providing a wide range of medical services,
- > leveraging cutting edge information systems and technology,
- > providing important ancillary and support services,
- > excellence in education and learning,
- > and operations efficiency and effectiveness.





Strategically Located

Location

The Elna Medical Complex is situated at 6900 Decarie Boulevard in Cote-St-Luc within the Decarie Square Shopping Center.

It is strategically located in the exclusive Montreal area of Hampstead and benefits from a commanding street presence due to an extensive road frontage.

Accessibility

The medical complex is easily accessible as well as being located within the heart of the medical community of Quebec.

It is close to six major hospitals and over ten major medical buildings.

This medical community is known to have the highest concentration of physicians in North America with more than 3500 physicians in a 5km radius.

Facilities

- Ultra-modern infrastructure of over 100,000 sq. ft.
- Cutting-edge technology
- Ample indoor and outdoor parking spaces
- Accessible by nearby metro Namur
- Opening hours from 8:00 am to Midnight (Phase I) and 24 hours a day (Phase II)

Demographics

Based on a recent Montreal census, the Elna Medical Complex would service a population base approximately 300,000 targeted individuals with the highest densities to be found in Cote-des-Neiges, Saint-Laurent, Cote-St-Luc and Westmount.





Ancillary and Support Services



The Elna Medical Complex is Quebec's largest professional medical clinic with a steadfast vision to transform healthcare environments by bringing a whole range high quality multi-specialty services together in a single location.

It includes dedicated teams of over 50 renowned specialists, general practitioners and provides a one-stop shop for state-of-the-art care and health.

Ancillary Services

- Pharmacy
- Conventional Spa
- Medical Laboratory
- Medical Fitness Center
- Telemedicine / At-Home Service
- Sterilization Services
- Optic Store
- Audiology clinic (screening and prosthesis)
- Health Food Bistro



Support Services

- Information Technology (IS/IT) / EMR
- Practice Management
- Group Purchasing Services
- RAMQ Billing Services
- R&D Consulting Services
- Dictation Services
- Scheduling Services
- Staffing: Secretaries, Clerical, ...
- Auditorium and Banquet Hall
- Legal Consulting Services
- Financial Consulting Services
- Information Kiosks
- Concierge Services
- Valet Parking





The Elna Medical Complex will host numerous specialized clinics and will provide the following private and RAMQ medical services.

Multi-Specialty

Primary Care



First point of consultation for all patients.

Involves widest scope of health care including patients of all ages, patients seeking to maintain optimal health, and patients with multiple chronic diseases.

Family Practice

A specialty which integrates the biological, clinical, and behavioral sciences. The scope of family practice encompasses all ages, both sexes, and every disease entity. Specialists provide continuing and comprehensive health care for the individual and family.

Emergency Clinic

Physicians in this clinic are trained to immediately evaluate, diagnose, stabilize, and treat patients with acute injuries and illnesses.

Dental Clinic



The Dental Clinic is dedicated to providing our clients with all dental therapeutic and cosmetic services available in order to achieve a beautiful and healthy smile.

Executive Health Clinic



This Clinic offers an all-encompassing, personalized approach to health and well-being. It will include a full spectrum of health and wellness enhancement opportunities. The patient receives:

- > A comprehensive clinical evaluation by a physician that's focused on identifying and eliminating health problems and reducing health risks;
- > A thorough discussion with the physician about personalized path to well-being;
- > Nurturing lifeimprovement experiences designed to optimize quality of life and increase sense of well-being, such as nutrition guidance, a customized exercise plan and stress-reduction training;
- > Integrative healing modalities that will nourish mind and body.

Genetic Clinic



This clinic offers state of the art preventive genetics screening and provides the best possible testing, diagnosis and treatment to clients who are known to be at risk for or have a genetic disorder.

Anti-aging Clinic



The Anti Aging Center is a place dedicated to the care of the face and body and encloses in a single struc-

ture all the cutting edge methodologies and technologies, applied by a highly specialized team able to make an accurate diagnostic check followed by an effective customized therapeutic treatment program for:

- > Menopause
- > Andropause
- > Osteoporosis

Radiology Clinic



Includes a range of diagnostic procedures under the control of an appropriate imaging technique, such as:

- > X-rays
- > Bone Density
- > Digital mammography
- > Ultrasound
- > Computerized Tomography (CT Scan)
- > Magnetic Resonance Imaging (MRI)
- > Positron Emission Tomography (PET Scan) / (Phase II)

Cardiology Clinic



This Clinic specializes in the diagnosis and treatment of heart and cardiovascular disease as well as peripheral vascular disease. Clinic services include:

- > Consultative cardiology
- > Electrocardiogram
- > Holter/LOOP monitoring
- > Stress Echo
- > Echocardiogram



Ear, Nose & Throat Clinic



Specialists at Ear, Nose and Throat Clinic provide quality care and a comprehensive range of investigations, treatment and surgery for ear, nose and throat (ENT) disorders.

Eye Clinic



Includes highly qualified optometrists and ophthalmologists.

Offers a full-range of vision care services including:

- > Exceptionally thorough eye examination,
- > A comprehensive checkup of the visual system and overall eye health of children and adults,
- > Treatment of eye disease and
- > The fitting of contact lenses.

Diabetes Clinic



Provides all routine diabetes care:

- > Physical Examinations
- > Height and Weight
- > Blood pressure
- > Foot examination

- > Eye examination
- > Injection site examination
- > Laboratory Tests and Investigations

Sleep Clinic



Provides consultation and diagnosis to patients with sleep disorders (Sleep physiology evaluation and treatment)

- > Sleep Apnea screening
- > CPAP & VPAP machines

Includes ongoing clinical care and management of :

- > Insomnia & Fatigue
- > Sleep Apnea

Gastroenterology Clinic



Diagnosis and treatment of diseases related to the digestive system, including the stomach, intestines, liver, gall bladder, and pancreas.

Services offered include:

- > Colonoscopy
- > Endoscopy

Physical Rehabilitation Clinic



Medical professionals provide early intervention and quality service to accelerate patient recovery through multi-disciplinary rehabilitation. A team of professionals endeavour to help patients enjoy life to the fullest.

Services offered include:

- > Orthopedics
- > Physiotherapy
- > Rheumatology (combined private and RAMQ)
- > Psychiatry
- > Massotherapy
- > Acupuncture
- > Psychotherapy
- > Ergotherapy

Dermatology Clinic



A Clinic focusing on skin diseases such as skin cancers, moles, psoriasis, contact dermatitis, and skin conditions arising from other diseases.



Women's Wellness Centre

Obstetrics and Gynecology Clinic



Physicians in this specialty clinic are trained in the medical and surgical care of the female reproductive system and associated medical problems. They also care for patients during pregnancy and deliver babies

Osteometabolic Clinic



This Clinic provides the following services:

- > Diagnosis and therapy of osteoarticular diseases such as Rheumatoid Arthritis, Psoriatic Arthritis, Ankylosing Spondylitis, Reiter's Syndrome, Gout, Osteoporosis, etc.
- > Evaluation of Bone and Mineral Metabolism in Patients

Breast Center Clinic



A full-service breast care facility offering high quality screening and diagnostic services to help detect breast cancer at its earliest stages.

Services offered include:

- > Digital Mammography
- > Minimally-invasive (MIS) procedures – breast biopsy, breast lumpectomy (combined private and RAMQ)

Urology and Urodynamic Clinic



This clinic is dedicated to providing urology services such as:

- > Renal Ultrasound
- > Uroflowmetry
- > Cystoscopy
- > Vasectomy
- > Biopsies
- > Prostate cancer screening

Medical SPA



Medical spa treats facial conditions like brown spots, redness, broken capillaries that cannot be treated at all or as effectively by a traditional esthetician.

A complete menu of cosmetic procedures accentuates the woman's natural beauty and helps her put her best face forward.

- > Acne Therapy, Botox®
- > Dermal Fillers, Fractional Laser
- > Laser Hair Removal, Laser Skin Resurfacing
- > Micro Laser Peel, Photorejuvenation
- > Pro Fractional, Skin Evaluation
- > Skin Rejuvenation, Weight-Loss Procedures

Plastic Surgery Clinic



This clinic is dedicated to providing the finest and most caring surgical and medical plastic surgery care available.

Services offered include: BOTOX®, chemical peel, and other skin care treatments.

CDL Health Bank



The delivering physician collects the cord blood immediately following the birth of the baby.

The cord blood is then received, processed, and stored at our state-of-the-art laboratory.

Should it ever be needed, the sample is readily accessible for the exclusive use of the family.

Oncology Clinic



Our specialist teams work closely with world-leading oncology consultants, supported by some of the most modern treatment technology available. Our priority is to provide privacy and comfort, access to the best medical care in oncology, and support for you and your family.

www.elnamedical.com



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